

Cognizin®

For the evolution of your mind®

Cognizin® Citicoline

A brain health ingredient that provides nutritional support for attention, focus and recall*



What is citicoline?

A naturally occurring nutrient found in the brain.



What does it do?

Citicoline increases an important substance in the brain called phosphatidylcholine that is critical for healthy brain function.



What is Cognizin® Citicoline?

A clinically tested form of citicoline that can supply your brain with the nutrition it needs to stay sharp.